



Translations of this **“Information for Young People”** leaflet are available in Polish, Farsi, Kurdish, Urdu, French and Tigrinya. If you need this booklet translated into another language, please complete and return the form below. *Tick box for language required.*

**Polish**

Jeśli potrzebujesz polskiego tłumaczenia tej broszury, wypełnij i odeślij poniższy formularz.

**Farsi**

اگر این اطلاعات را به زبانی دیگر و یا در فرمتی دیگر می‌خواهید لطفاً از ما درخواست کنید

**Kurdish**

ئەگەر دەتەمەنیت ئەم نامیلکەییە بۆ کوردی تەرجومەبکەیت، ئەمۆ تەکایە ئەم فۆرمە ی خوارمۆه پەربەکەر مۆه و بێنێر مۆه.

**French**

S'il faut vous traduire ce livret en français, veuillez remplir le formulaire cidessous et nous le renvoyer.

**Urdu**

اگر آپ کو اس کتابچے کا ترجمہ اردو زبان میں چاہیے تو مہربانی کر کے نیچے دئے گئے فارم کو پُر کر کے بھیج دیں

**Tigrinya**

እዛ መጽሐፍ ብተግርኛ ክትተርጎሙልኩም እንተደልኹም፣ ነዛ ኣብ ታሕቲ ዘላ ፎርም መልእኩም ምልሱዎ።

Please indicate if you would like a copy of this in another language (not listed above) or any of the following formats and send to the freepost address below or telephone 01924 306225.

Large print     On audio tape     In Braille

Another language, Please state: .....

Name .....

Address .....

Please return this form to: FREEPOST WF 458, Communication & Information Team  
Room 217, County Hall, Bond Street, Wakefield WF1 2QL

## How to Contact Us

**Text us**  
**07624 809247**

**Call us**  
**Freephone 0800 587 8042**  
Typetalk calls are welcome

**E-mail us**  
**fis@wakefield.gov.uk**

**Visit our website**  
**www.wakefieldfis.org.uk**

**Search for Services online**  
**www.wakefieldsd.org.uk**

**Write to us or call in at**  
Wakefield District  
Families Information Service  
County Hall, Bond Street  
Wakefield WF1 2QW

**Opening Hours**  
Monday to Thursday  
8.30am-5.00pm  
Friday  
8.30am-4.30pm

Voicemail is available out of office hours

### Outreach

We are also out and about across the District at local Children's Centres and other venues. Call us if you want to know when we will next be in your area or if you would like to arrange a face to face meeting.

### Compliments and Complaints

We are committed to continuous improvement and feedback is welcomed from all service users. All comments, compliments and complaints will be used to evaluate and improve the service and inform future planning.

### Confidentiality

The support we provide is confidential and information will only be shared when parents or carers have given their permission. We have a confidentiality policy which means we safeguard your privacy. Please contact us if you would like a copy.



# Information for Young People

Contact us for further information

Text: 07624 809247

Call: 0800 587 8042

Visit: [www.wakefieldfis.org.uk](http://www.wakefieldfis.org.uk)

Email: [fis@wakefield.gov.uk](mailto:fis@wakefield.gov.uk)

## Wakefield District Families Information Service

We provide free information, advice and assistance on activities, childcare and other services that support parents-to-be, mothers, fathers, children and young people up to the age of 20.

We provide information about:

### Things to do

- Activities
- Places 2 Go
- Sports
- Adventurous Activities

### Education & Financial Support

- Education & Training
- Award Schemes
- Financial Support for 16-19 year olds
- Care to Learn

### Websites

- Teen LifeCheck
- Staying Safe
- Talk to Frank
- Connexions
- NHS
- Many more

### Staying Safe

- Staying Safe Out & About
- Internet Safety
- Bullying

### Health

- Thinking of Leaving Home
- Healthy living
- Drugs, Smoking & Alcohol Support Groups
- Sexual health & pregnancy
- Teen life check

### Support Groups

- Young People Support Groups
- Young People with Disabilities
- Support for Young Parents
- Relationships & Family

**Young People have helped put this leaflet together, if there is any information you would like that isn't here please contact us on 0800 587 8042 or text us 07624 809247.**

## Some useful Helplines

### Youth Development and Support Service(YDSS) 01924 303600

The key activities of Wakefield Young People Service are:

- Young peoples personal development
- Their education
- Their access to information
- Their empowerment

### Connexions 01924 371579

[www.connexions-direct.com](http://www.connexions-direct.com)

Offers advice on education, careers, housing, money, health and relationships for 13-19 year olds.

### There4me [www.there4me.com](http://www.there4me.com)

There4me is for 12-16 year olds who are worried about something and need some advice. They can help with loads of issues like abuse, bullying, exams, drugs and self harm.

### Young Families 01924 304152

Young Families provides a range of services for young parents and their children, throughout the Wakefield district

### Just Ask

[www.justaskwakefield.org.uk](http://www.justaskwakefield.org.uk)

Information on Things to do, Places to go, Health & Wellbeing and Education.

### Teen LifeCheck

[www.wakefielddistrict.nhs.uk/lifecheck](http://www.wakefielddistrict.nhs.uk/lifecheck)

If you're aged 12 to 15 Teen LifeCheck is the website for you! It's a place where you can go and check out your life and see how you're are getting on.

### Youth2Youth 020 8896 3675

[www.youth2youth.co.uk](http://www.youth2youth.co.uk)

Youth2youth is run by young people for young people. You can chat online, send an email or ring them and they will call you

### Barnardos

[www.barnardos.org.uk](http://www.barnardos.org.uk)

### Wakiesworld

[www.wakiesworld.com](http://www.wakiesworld.com)

Information on Your Rights, Money, Bullying, Your Health, Counselling, Work and more.

## Need more Information?

If you would like more information about anything you have read in this leaflet, just **tick** the box below and return it FREE to the FIS at the following address:  
FREEPOST WF458, Families Information Service, Room 201, County Hall, Wakefield WF1 2QL.

### What information would you like to receive?

Sports: *(please state)* .....

Activities / Things 2 do / Places to go

Education & Training

Financial Support

Support Groups

Health Services

Other .....

We may need to contact you to ask for more details before we send any information.

### Please tell us:

Your Name .....

Your Address .....

Your Postcode .....

Date of Birth .....

Your Telephone .....

Your e-mail address .....

Finally, please tell us where you picked up our leaflet: .....

